

CHAIRPERSON'S MESSAGE

SINPS aims to be a transformative force in the Indian healthcare sector creating value, within rural and urban India, through the three integrated elements of research, education, and outreach. We are building on our traditional mission of that of patient care, education and research by:

- creating innovation in nursing and delivery of health care,
- educating nurses in an appropriate learning environment to be efficient and safe practitioners by adapting to the changing environment and
- working collaboratively as partners in the delivery of health care with nursing colleagues in hospital and Institute and with other professional colleagues

SINPS will nurture nurses and enable them to make independent decisions in nursing situations, protect patient rights and facilitate individuals and groups in pursuit of health, function in the hospital, community nursing services and conduct research studies in the areas of nursing practice. They are also expected to assume the role of a teacher, supervisor and manager in Clinical/Community Health Nursing and educational institutions of Nursing.

Suman Hospital & Laparoscopic Research Center, the parent hospital of SINPS, is an institution that offers comprehensive and cost efficient healthcare services under one roof, creating a platform for transparent patient-centric care where every life matters. Driven by talent, technology, infrastructure and total commitment, we have achieved a convergence of best practices in healthcare, adapted to Indian needs and underlined by our core values of integrity, transparency, self-improvement, patient dignity and maximum care.

Based on our belief that good health is essential for a person's happiness, success and well-being, our aim is to create a premier healthcare and education institution that combines the best in medical treatment with strong ethical principles and a culture of care and compassion.We look forward to welcome the prospect students to be a part of our family and expand the horizons of our success in healthcare services.

Dr. A. K. Singh
(Chairman)
SINPS, Sultanpur



About SINPS

Nursing encompasses autonomous and collaborative care of individuals of all ages, families, groups and communities, sick or well and in all settings. Nursing includes the promotion of health, prevention of illness, and the care of ill, disabled and dying people.

SINPS believes that nursing education is the art and science of preparing, guiding and producing future nurses who will function effectively and efficiently in the society and serve its health care needs with the highest level of quality. Further, SINPS believes that nurses graduating in GNM and ANM programs will contribute to overall health services in vital and significant ways as an integral member of the health care delivery system.

SINPS is working with a humanitarian ambition of improving the quality of healthcare education within the community and uplift the standards of healthcare services at par with the global standards under the competentguidance of Dr. A. K. Singh and with the affiliation ofmulti-specialty Suman Hospital&Laproscopic Research Centre.

AIM

Ensure quality care for all, while maintaining their credentials, code of ethics, standards, and competencies, and continuing their education.

VISION

Transform the Institute into a centre of excellence in nursing education and research at par, with the National and International standards and also to groom the students to be citizens of integrity.

MISSION

To be a prime contributor towards moulding professionals for the future and to promote quality nursing education by developing compassion and self reliance among nursing professional.

PHILOSOPHY

The philosophy of SINPSis incorporated at par with Indian Nursing Council & UP State Medical Faculty which is a broad based education within an academic frame work and well integrated into the philosophy of Suman Hospital &Laproscopic Research Centre. This will be built upon the skills and competency acquired by the trained nurses of SINPS.



OBJECTIVE



At the end of the academic program, the student is expected to:

- Have the aptitude, knowledge and skill necessary for assessing nursing needs of the individuals throughout the life-cycle, families and communities.
- Apply relevant knowledge from biological and behavioural sciences in planning and carrying out safe nursing care activities.
- Co-operate with other members of the health team in the hospital or in the community in prevention of disease, promotion of health, restoration of health and rehabilitation.
- Impart health knowledge to individuals and groups through health education.
- Demonstrate skill in the use of problem solving methods in nursing practice.
- Demonstrate ability to supervise and guide auxiliary personnel who are part of the nursing team.
- Demonstrate understanding of and commitment to professional behaviour.
- Carry out the above in the true spirit of service to fellowmen and be committed to the welfare of our country, India.



ABOUT SUMAN HOSPITAL

Suman Hospital was established in 1998 with the motive of welfare of human beings in rural community. Suman Hospital is committed to provide the best treatments with low cost & high facilities in rural area for the people who are secluded from the need of their healthy life. It is an institute which promotes a community that is totally shielded from Caste, Creed and Religion. Suman Hospital is governed by Dr. A. K. Singh and managed by Mrs. Suman Singh.

The state-of-the-art infrastructure of the hospital building with strategically designed health care facilities lends a professionally confident quality to our care. A team of diligent, dedicated &highly qualified medical professionals along with efficient and warm nursing and paramedical staff are the crowning glory of the hospital. Suman Hospital & Laproscopic Research Center offers cutting edge diagnostic and surgical solutions and is fully geared-in terms of talent, technology, structure and spirit – to reshape perceptions regarding hospitals and redefine the concept of caring.

We at the Suman Hospital are committed to the patient as well as the community at large, by delivering the best possible care every time while dedicating ourselves to continuously improving the way we do things driven by evolving data, benchmarks and best practices.
Our success as an institution depends on the quality of care provided to each and every patient. Our expert team of doctors, nurses, therapists and staff is committed to providing safe, quality and cost-effective care to all, maximizing potential and exceeding expectations.

Our Mission

To provide world class affordable treatment with a dedicated focus on personnel care.

Vision

To create an environment of efficiency in health care delivery through high quality resources like state of the art modern technology, high skilled medical practitioner and professionally and courteous and compassionate nursing and support staff.

Our Philosophy

We consider it our responsibility to respect and fulfill the expectations of our patients, patrons, clients, physicians and staff.

WHY NURSING AS A CAREER

Nurses are no strangers to lending a helping hand. Whether it's assisting a doctor during surgery or helping a patient out of bed, nurses are accustomed to giving of themselves for the good of others. In fact, sometimes a nurse's response to the needs of those around them seems so natural that people don't realize just how much they do.

Here are 8 ways that nurses give back and make an impact:

a. Serve - Nurses provide their patients with a level of care that is unmatched by almost any other profession. From administering medicine to cleaning bed pans, nurses do what needs to be done to make their patients as healthy and happy as possible.

b. Inspire - Many nurses serve as role models, in the society. As active members of the community, nurses are looked up to and inspire others to give back to the community in their own way.

c. Volunteer - Despite having arguably one of the most stressful and hectic schedules in the workplace, many nurses volunteer their time to give back to the community. Blood drives and free medical clinics rely on medical professionals like nurses to volunteer their services so that they can continue to serve their patients.

d. Heal - You might be feeling better because of the medicine you took, but don't underestimate the



healing power of a good nurse. Nurses look after their patients and make sure that they're being properly taken care of to ensure the quickest recovery time possible.

e. Educate - They are a treasure trove of medical information They have seen and heard things that you wouldn't imagine. Their advice can be invaluable, especially when you just need someone to reassure you.

f. Assist - Need a helping hand? Nurses are pros when it comes to assisting their patients and fellow staff members. Like a good friend, they're there 24 hours around the clock whenever you need them.

g. Support - One of the biggest ways that nurses make an impact is through their support. Illness and recovery is a long hard road for many patients, and the care of medical staff is critical to their success. Nurses give patients the support that they need to succeed.

h. Encourage - A friendly face and kind words go a long way. Nurses are a source of strength that patients can rely on during the tough times. As cheerleaders, nurses root for their patients to overcome any obstacle and are there for them even when they're not having the best day.

ANM

AUXILIARY NURSING & MIDWIVES (A.N.M)

Course duration	:	2 years
Eligibility	:	Students qualified in 10+2 Arts or Science examination
Age Limit	:	17 years to 35 years
Mode of selection	:	Admission through Entrance examination held by Institute

COURSE DESCRIPTION

The purpose of this course is to enable ANM professionals to focus on the care of individual, families, and communities so they may attain, maintain, or recover optimal health and quality of life from conception to death and to provide an active link between community and healthcare system.

COURSE OF STUDY

SR. NO.	FIRST YEAR	SECOND YEAR
1	Community Health Nursing	Midwifery
2	Health Promotion	Health Centre Management
3	Primary Healthcare Nursing	
4	Child Health Nursing	

CAREER PROSPECTS

On completion of the course the candidate will be eligilble to work in private & government hospitals, primary health centre, community health centre etc.

GNM

DIPLOMA IN GENERAL NURSING & MIDWIVES (G.N.M)

Course duration	:	3 years (including internship)
Eligibility	:	Students qualified in 10+2 in English with 40% aggregate marks
Age Limit	:	17 years to 35 years
Mode of selection	:	Admission through Entrance examination held by Institute

COURSE DESCRIPTION

The purpose of this course is to enable GNM professional to develop ability to function effectively with the health professionals and participate as a member of health team to deliver preventive, curative, promotive and rehabilitative health care services.

COURSE OF STUDY

First Year	Second Year	Third Year (part - I)
Anatomy & Physiology Microbiology	Medical Surgical Nursing - I Mental Health & Psychiatric Nursing	Midwifery & Gynecology Community Health Nursing - II
Psychology Sociology	Medical Surgical Nursing - II Child Health Nursing	Integrated Supervised Internship Nursing Education
Fundamentals of Nursing		Introduction to research & statics
Health Edu. & Communication skills Community Health Nursing - I		Professional trends & adjustments Nursing administration & Ward management
Environmental Hygiene First Aid Nutrition		
English Computer Education		

CAREER PROSPECTS

On completion of the course the candidate will be eligible to work in private & government hospitals, primary health centre, community health centre etc.

B.Sc. Nursing

BACHELOR OF SCIENCE IN NURSING

Course duration	:	4 years (including internship)
Eligibility	:	Students qualified in 10+2 in Biology & English with 45% aggregate marks
Age Limit	:	min. 17 years
Mode of selection	:	Based on merit of entrance examination held by Atal Bihari Vajpayee Medical University

COURSE DESCRIPTION

The purpose of this course is to enable the professionals to demonstrate competency in the knowledge and skills in providing comprehensive nursing care based on the problem-solving approach in the hospital and community. The programme is streamlined to enable students to address the health needs of the nation, society and individuals

COURSE OF STUDY

First Year	Second Year	Third Year	Fourth Year
Anatomy & Physiology	Sociology	Medical & Surgical Nursing	Midwifery & Obstetric Nursing
Nutrition & Biochemistry	Medical & Surgical Nursing-I (Including Geriatrics)	Child Health Nursing	Community Health Nursing - II
Psychology	Pharmacology, Pathology & Genetics	Mental Health Nursing	Nursing Research & Statistics
Microbiology	Community Health Nursing - I	Midwifery & Obstetric Nursing	Management of Nursing Services & Educaion
Nursing Foundations	Communication & Education Technology		
English			
Introduction to Computers			

CAREER PROSPECTS

On completion of the course the candidate will be eligible to work in nursing Institutes/School, government hospitals, private hospitals, trauma centre, rehabilitation centre, nursing homes, polcyclinics, other industries etc.

P.B.B.Sc. Nursing

POST BASIC BACHELOR OF SCIENCE IN NURSING

P.B.B.Sc. Nursing

Seats available	:	30 seats
Course duration	:	2 Years
Eligibility	:	G.N.M.
Mode of selection	:	Based on merit of entrance examination held by Atal Bihari Vajpayee Medical University

COURSE DESCRIPTION:

P.B.B.Sc Nursing takes forward thinking and dynamic approach to the healthcare education. This course is designed to prepare the students to take the responsibilities as a professional competent nurse and practice them to assume the role of teacher, supervisor and manager in clinical practice setting.

COURSE OF STUDY :

FIRST YEAR:	SECOND YEAR:
1. Nursing Foundation	1. Sociology
2. Nutrition & Dietetics	2. Community Health Nursing
3. Biochemistry & Biophysics	3. Mental Health Nursing
4. Psychology	4. Introduction to Nursing Education
5. Microbiology	5. Introduction to Nursing Service Administration
6. Maternal Nursing	6. Introduction to Nursing Research and Statistics
7. Child Health Nursing	
8. Medical Surgical Nursing	
9. English	

JOB PROSPECTS:

After completion of this course he/she will be able to work in nursing colleges, nursing schools, private and government hospital, trauma center, rehabilitation and nursing homes, poly clinics, armed forces CRPF, mission hospitals, industries and other institutions.

B.M.L.S.

BACHELOR IN MEDICAL LABORATORY SCIENCES

Seats available	:	40 seats
Programme Duration	:	4 years including 6-months internship
Eligibility	:	10+2 in PCB with min. 45% marks
Mode of selection	:	Based on merit of entrance examination held by Atal Bihari Vajpayee Medical University
Minimum age	:	17 years

ABOUT MEDICAL LABORATORY TECHNICIAN:

It is the most demanding and job-oriented course among the paramedical stream. This programme is focused on diagnosis, treatment and prevention of diseases through the use of various clinical laboratory test. The medical laboratory professionals are supposed to perform complex chemical, hematological, immunological, microscopic and bacteriological tests to examine body fluids such a blood, urine, sputum, stool, CSF etc. and other body substances, as well as other specimens. The laboratory technologist helps doctors to diagnose the diseases.After the completion of the course the candidate can work in Govt./private/semi Govt.Hospitals, Nursing homes, Pathological laboratories, Pharmaceutical laboratories and research centers.

COURSE OF STUDY :

First year	Second Year	Third Year	Fourth Year
1. Human Anatomy	1. Basic Physics and Medical Instrumentations	1. Clinical Pathology	Applied Bacteriology
2. Human Physiology and Biochemistry	2. Histopathology and Cytology	2. Clinical Microbiology	Applied Haematology
3. Clinical Biochemistry	3. Haematology and Urine Analysis	3. Clinical Parasitology	Applied Histopathology
4. Fundamental of Laboratory Techniques	4. Blood Immunology, Human Genetics	4. Clinical Chemistry	Applied Clinical Biochemistry
	5. Biostatics and Computer Application.		6th months Internship

CAREER PROSPECTS

After the completion of the course the candidate can work in Govt./Privat/Semi-Govt. Hospitals, Nursing Homes, Pathological laboratories, Pharmaceutical laboratories and Research Centres.

D.O.T.T

Diploma in O.T. Technician

Seats available	:	30 seats
Programme Duration	:	2 years
Eligibility	:	10+2 in Bio. /Maths with min. 40% marks
Mode of selection	:	Based on Merit of Entrance Examination held by the institution
Minimum age	:	17 years

ABOUT O.T. TECHNICIAN:

An O.T. technician is also known as scrubs and surgical O.T. Room technician. An O.T. technician manage the operation theatre effectively and efficiently with surgeons and other medical professionals during various surgical procedures. An O.T. technician does all the arrangements before surgery like preparing O.T. room for surgery, setup and check connections and adjusts surgical equipment's.

In short, an O.T. Technician is a health care professional without whom no surgeon can operate the patients and neither can a hospital or a nursing home function or be complete.

COURSE OF STUDY :

First year	Second Year
1. Anatomy, Physiology	1. Surgery Critical Care
2. Pharmacology/Microbiology	2. OT Management
3. Pathology, Anaesthesia	3. Store disinfection
4. OT Management and Critical Care	

JOB PROSPECTS:

O.T. Technician works in hospital(Govt./Pvt.) Nursing Home, Polyclinics, Trauma center's etc.

Students' Extra-curricular Activities














INFRASTRUCTURE/ FACILITIES





A. LECTURE HALLS

Adequate in number, spacious, well lit with proper ventilation which help in making the live and inspiring learning environment for the students.

ANATOMY AND PHYSIOLOGY LAB

The lab is provided with 900 sq. feet area. This lab is prepared to reinforce the theory knowledge about Human anatomy & Physiology with the help of articulated skeletal, various bones, models & charts.

COMMUNITY HEALTH NURSING & NUTRITION LAB

The lab is provided with 900 sq. feet area.The lab ensures the students to learn home visiting bag technique & practice the community health nursing while providing family health care at the door step of the clients using modified home visiting kits. The lab is equipped with variety of audio visual material to practice health teaching in the community.

This lab is also designed to assist the learner to acquire wide range of knowledge of dietetics in Indian settings & to understand the concepts of “Nutrition, Health & Disease” while planning the diet for individuals and groups in the hospital and in the community.

MATERNAL AND CHILD HEALTH NURSING LAB

This lab is provided with 900 sq. feet area. This lab is designed to help the learner to reinforce the learning about normal physiology of pregnancy, midwifery, obstetrics & child health nursing. The lab is equipped with various manikins, models, palpation modules, birthing simulators & charts to develop hands on skills under the continuous guidance& supervision.

FUNDAMENTAL OF NURSING LAB

This lab is provided with 1500 sq. feet area. This lab is organized to learn basic and critical nursing care with the help of manikins and simulators, models & modules (variety of adult & pediatric). The lab helps to develop the life form absolutely realistic revolutionary nursing skills through “hands on training” under continuous supervision & guidance by expert teaching faculties.



COMPUTER LAB

SINPS' computer lab is set in 1500 sq. feet. It is air conditioned and well ventilated with adequate computers available for training & practice purpose. This lab will be used by the students to practice the application of computers in the field of nursing.

AV AID LAB

The lab is equipped with various electronic devices for the effective teaching & learning such as LCD projectors, Over Head projectors, T.V, V.C.R , C.D Player, Tape recorder etc.

LIBRARY

Library and Learning resource center is an invaluable resource for students, researchers and faculties of Nursing education. It has the most complete collection of text & reference books, charts, professional journal and Magazines. It is a most lively place in the Institute providing a comfortable and readers friendly environment that enables learning and advancement of knowledge, and promotes scholarship.

The library and learning resource center provides access to the best of Nursing related resources through its acquisition of various books , Journals, online databases consisting of scholarly and Nursing education and service related content.

PARAMEDICAL LABS

Biochemistry, Microbiology, Haematology, Anatomy & Physiology.

HOSTEL

The hostel is supervised and managed by well qualified and experienced Warden. A safe and comfortable stay with adequate facilities of Mess dining, along with first aids room and a room for visitors. Here, the students can keep themselves abreast with the events happening around the world. Hostels also have a separate Study room and a lobby. The hostel also has lobby servants to cater the small needs of the students along with round the clock security.

TRANSPORT

SINPS has bus facility for transportation.

ADMISSION PROCEDURE



MODE OF SELECTION

- All the above seats shall be filled through entrance test conducted by ABVM University/Institute. Candidate looking for admission as per eligibility are required to appear in the entrance exam
- One Question Paper will be given for 100 marks, which includes objective type questions for marks and subjective type questions for marks. It is compulsory to attend all the questions
- The Entrance test will be conducted in English and Hindi language only.
- There will be no negative marking done
- If any candidate does not receive his/her admit card, he/she may contact in the Institute before at least one day from the entrance test for issuance of duplicate admit card
- Candidate must carry HB pencil, ball point pen and admit card at the time of entrance test
- Candidates are required to enter the exam hall half an hour before the commencement of the test
- Entrance exam venue : As per the Admit Card
- List of eligible candidates will be displayed at Institute's website as well as on notice board of the institute

ADMISSION RULES AND REGULATION

- Institute will not be held responsible for any postal delay.
- If the information furnished by the candidate is found to be incomplete/ incorrect information, the institute has right to reject the application form or admission of candidate at any stage,
- No fee is refundable if candidate withdraws his/her admission at any time after joining the course
- Candidate should bring all original certificates with 2 sets of photocopy,4 passport sized recent coloured photographs, admit card and 1st installment of course fee at the time of counseling and admission
- Candidate must bring first installment fee in the form of Demand Draft or Banker's Cheque in favor of Sultanpur Institute of Nursing & Paramedical Sciences' payable At Sultanpur by any nationalized bank at the time of admission
- Candidate should follow rules and regulations of the **Institute and should maintain discipline.**

GUIDELINES TO FILL THE FORM

GENERAL INSTRUCTION

- Read the instructions carefully before filling the application form.
- Application forms should be filled neatly and legible in blue or black ball pen only.
- Incomplete/unsigned application without required enclosures are liable to be rejected without any prior notice to the candidate

SPECIFIC INSTRUCTIONS

- Course applied: Tick in the box for course you are applying in
- Name of Candidate: Name must be written in both Hindi and English(capital letters) as given in 10th Class or equivalent Certificate

- Date of birth: Write the date, month and year as per English Calendar, as given in 10th class or equivalent certificate
- Age: As on 31st December of the year of admission is to be written
- Gender, Nationality, Religion and Marital status should be mentioned
- Category must be denoted
- Write the father's name/husband's guardian's name in capital letters
- Academic Qualification: Candidates are required to fill up the qualification details from 10th class onwards
- Address: Candidate should fill up permanent address & correspondence address with phone number/mobile number for communication, in the space provided in the form.
- Declaration: The candidate must sign at the end of form, without which the application will be rejected
- Photograph of candidate: Paste (do not staple) recent (not more than 6 months old), clearly visible and colored photograph on the space provided in an application form, admit card and hostel form
- Signature of candidate: Signature should be done in provided box



CHECKLIST WHILE SUBMITTING APPLICATION FORM

- A candidate has to submit duly filled application form.
- Photocopy of High School and Intermediate marks sheet, certificate and T.C.
- Photocopy of provisional degree certificate if applying after graduation or post-graduation
- Passport sized recent colored photo should be pasted on application form.
- Photocopy of SC/ST/OBC certificate.
- Medical fitness certificate from Chief Medical Officer/Registered Medical Practitioner.
- Any disputes in regard to any matter referred to herein shall be subjected to Sultanpur jurisdiction only.



POLICIES

- All students enrolled in the institute must observe the rules, regulations and self-discipline in the institute campus that may be framed from time to time by the college authorities.
- IViolation of rules will result in several disciplinary actions. Each student is responsible for the proper handling and safe custody of any apparatus or equipment that he/she may be using in different nursing labs. Misuse or negligence will result in replacement of the particular by the candidate.
- Every student will have to attend all theory and practical classes to fulfill the Attendance criteria laid down by the Institute, INC and UP State Medical Faculty to appear for final examination.
- Ithe students are not permitted to leave the institute premises without permission.
- All fees should be cleared before filling the examination form.
- The institute authority reserves the right to rusticate any student found indulging in acts prejudicial to the interest of the institute or involved in gross indiscipline or immortal acts including ragging.
- Ragging is strictly prohibited at the SINPS.
- Students to follow policies, rules and regulations of hostel scrupulously
- Students must strictly comply with the dress code prescribed by the institute.
- Student's parents can appoint a local guardian if they desire so.
- The student is allowed to stay out with prior permission from the Principal & Hostel Warden.
- No student can claim room choice, electrical appliances other than provided by the Institute.